



Supporting a COVID safe return to singing:

by attending any rehearsal of ECS,
you have read and agreed the terms of the following
declaration.

Declaration

Although all activity is now permitted, Covid-19 is still with us, and we increasingly understand we have to learn to live with it. However, new variants are still emerging so possible transmission risks still need to be taken into consideration. As we begin the plans to sing together again and before you decide to return to choir, it is important for members to understand how we are planning to minimise risks to those attending and what you can do to help. This notice sets out the basis of participating in all future choir events.

Obviously, no measures you or we take will fully guarantee protection against catching or transmitting the virus. So, and particularly if, your medical history indicates that you may be vulnerable, you need to weigh up the risks and benefits of participating in rehearsals.

On that understanding:

The committee (the trustees) will

- (i) assess our rehearsal and concert venues so as to seek to limit the risk of transmission of COVID as far as reasonably possible.
- (ii) endeavour to bring about as 'normal' (or pre-pandemic) an experience as possible with our usual number of members, avoiding wearing masks whilst singing and reducing distance between participants. However, we do ask members to continue to wear face coverings on entry and exit to the building until seated. We will ensure there is adequate ventilation in the space in which we will be congregating.
- (iii) Initially, at least, there will be no refreshments provided. Please bring your own if you wish.

Members:

- (iv) In the case of being unvaccinated or partially vaccinated, we ask you obtain a negative lateral flow test result 24 hours before each of our events.
- (v) should not attend our rehearsals if:
 - anyone in your household has tested positive for COVID in the last 10 days
 - You have been informed that you need to self-isolate
 - You are still within your quarantine period having travelled from abroad.
 - if you have any symptoms that could be COVID (regardless of lateral flow rate test outcome). (The original symptoms of COVID were persistent new

cough, fever and/or loss of smell; however it is now believed that the symptoms of COVID can be much milder for example symptoms of a cold).

If you are unsure as to whether you should or shouldn't attend rehearsals or if you feel unwell following one of our events, please contact Fiona Gardiner (chair@elthamchoral.org.uk).

Please also be aware that some members will be feeling sensitive at the prospect of being in close proximity with others, unmasked, so we ask that you respect any requests to increase social distancing so as to support everyone involved in our community.

It is in the interests of the health of our choir and its extended networks of friends, family, and colleagues, that all members comply with the above. We all have a personal responsibility to ourselves and others, and in preparing for our coming term, we expect you all to have read and agreed with this document.

This declaration is dated 26th August 2021 and is subject to further revision as guidance may change.

We're so looking forward to singing again together (safely and enjoyably).

The Committee (Trustees of Eltham Choral Society)